Japan Sport Wellness Fukiya Association

1st January 2022

New Year Message from Chairman

Happy New Year! May this be a happy and fruitful year! It is my great pleasure that all our members greet the calm New Year with good health.

We really struggled against COVID-19 crisis whole last year. However, I once again confirmed the importance and necessity of "Reform" with strong will even under such difficult situation. With such thought, implementation of Remote Competitions and establishment of the "Day of Sport Wellness Fukiya" were one of those. I am very much pleased to know that a lot of members approved these new projects and joined with full effort. Thanks a lot for our members participated. We are now studying several projects of the "Reform" and hope to announce the concrete plans soonest possible.

We aim to establish Sport Wellness Fukiya as a competitive sport. However, on the other hand, if we lose the "Pleasure of Fukiya", it may mistake the means for the end. For instance, if one cannot raise arms because of shoulder pain, it is quite acceptable for the person just to practice raising arms by doing the basic motions and no need to worry about "disability of raising arms". If it becomes difficult for the aged persons to blow from 10m-distance, just try to aim at the target a bit higher or enjoy Sport Wellness Fukiya from 8m-distance. Some aged persons may be able to blow still from 10m, but please do not forget to keep enjoying Sport Wellness Fukiya by lowering one's aim a bit. We may have to revise our Rules and Regulations for such purpose.

I always say that The Association's aim is "to promote people's health and creates useful life" as mentioned in our Articles of Incorporation. These aims can be achieved by our members' high level of awareness and activities. I notice that establishment of the structure and organization in which our members can act easily and pleasantly shall be our urgent issue.

Under current COVID-19 crisis, I feel strongly that activities of Sport Wellness Fukiya can be done by deepening engagement. I would like to create the future of Sport

Wellness Fukiya by these engagements, such as, a person and another person, a local branch and another local branch, a Prefectural Association and another Prefectural Association, a Bloc and another Bloc with the cooperation of head office of The Association. In order to achieve this aim, I hope I can meet and exchange opinions with a lot of members.

Although we could not erase uneasiness of COVID-19 for 2022, I will keep trying my best to create new Association together with all of you. Let's hope this year to be the best.

Sincerely yours,

小田都文俊

Fumitoshi OTABE Chairman